

# Quarantine Overview Based on CDC Guidelines

\*Subject to change as more guidance becomes available.

	Traveling to locations listed on the Federal/State 'Must - Quarantine List'	Close Contact	Symptoms of COVID
Quarantine Period	10 days symptom free **IF VACCINATED - NO QUARANTINE UNLESS SYMPTOMATIC**	10 days min- 14 days max **IF VACCINATED NO QUARANTINE UNLESS SYMPTOMATIC**	10 days <b>OR</b> Neg. COVID test
Testing	PCR COVID test	PCR COVID test	PCR COVID test
When can you test during quarantine	b/w day 3-5 (If negative can return on day 7)	b/w day 6-7	Immediately
Other Important information	<ul style="list-style-type: none"> <li>You may not return any sooner than day 8 w/ a negative PCR test</li> <li>You do not need to quarantine if you have had COVID in the last 90 days <b>OR</b> have been more than 2 weeks fully vaccinated</li> </ul>	<ul style="list-style-type: none"> <li>You may not return any sooner than day 8</li> <li>Continue to symptom monitor for 14 days</li> <li>Immediately isolate if you become symptomatic</li> </ul>	<ul style="list-style-type: none"> <li>A doctor's note will NOT override mandatory quarantine period or negative PCR test</li> </ul>

For a definition close contact in K-12 setting as defined by the CDC please click [here](#)