



High School Breakfast Menu

January 2018

1
HAPPY NEW YEAR!!!

side items

2
Triple Berry French Toast
Blueberry Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Banana, Mixed Fruit
Orange Juice

3
Omelet Bar
Blueberry Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Cantaloupe,
Applesauce
Fruit Juice

4
Breakfast Taco
Blueberry Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Red Grapes, Raisins
Apple Juice

5
Home Made Waffle Bar
Blueberry Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Pear, Diced Peaches
Grape Juice

8
Grilled Ham & Cheese Sandwich
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Apple Slices, Diced Peaches
Apple Juice

9
Maple Mini Waffles
Chocolate Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Banana, Mandarin Oranges
Orange Juice

10
Omelet Bar
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Watermelon, Diced Pears
Fruit Juice

11
Glazed Cinnamon Roll
Chocolate Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Honeydew,
Applesauce
Apple Juice

12
Home Made Waffle Bar
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Red Grapes, Diced Pineapple
Grape Juice

15
Martin Luther King's Birthday!!

side items

16
Mini Cinnis
Banana Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Banana, Mixed Fruit
Apple Juice

17
Omelet Bar
Banana Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Cantaloupe,
Applesauce
Fruit Juice

18
French Toast Sticks
Banana Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Red Grapes, Raisins
Apple Juice

19
Home Made Waffle Bar
Banana Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Pear, Diced Peaches
Grape Juice

22
Egg & Cheese English Muffin
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Apple Slices, Diced Pears
Apple Juice

23
Turkey Pancake Wrap
Chocolate Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Banana, Mixed Fruit
Orange Juice

24
Omelet Bar
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Cantaloupe,
Applesauce
Fruit Juice

25
Cheese & Chicken Sausage Quesadilla
Chocolate Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Red Grapes, Raisins
Apple Juice

26
Home Made Waffle Bar
Chocolate Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Pear, Diced Peaches
Grape Juice

29
Chicken Ham & Egg Biscuit
Apple Cinnamon Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Apple Slices, Diced Peaches
Apple Juice

30
Apple Frudel
Apple Cinnamon Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Banana, Mandarin Oranges
Orange Juice

31
Omelet Bar
Apple Cinnamon Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Watermelon, Diced Pears
Fruit Juice

1
Glazed Cinnamon Roll
Apple Cinnamon Muffin/Bagel
Smoothies!!
Strawberry Cream Cheese Bagel

side items
Apple, Orange, Honeydew,
Applesauce
Apple Juice

2
Home Made Waffle Bar
Apple Cinnamon Muffin/Bagel
Smoothies!!
Cinnamon Cream Cheese Bagel

side items
Apple, Orange, Pear, Diced Peaches
Grape Juice

SAVE TIME!!
We accept Checks/Credit/Debit Cards online!!
www.myschoolbucks.com

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Paid \$2.15 Reduced \$3.30

Menus subject to change!!

Check out our new smoothies & made to order yogurt parfait bar!!



Cereals
Assorted cereals available every day!



Milk Choices
1% White, Skim White, Skim Chocolate