



# High School Breakfast Menu

September 2017

**28**

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*side items*

**29**

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*side items*

**30**

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*side items*

**31**

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*side items*

**1**

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*side items*

**4**  
**LABOR DAY!!**

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*side items*

**5**

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*side items*

**6**  
**WELCOME BACK!!**

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*side items*

**7**  
**Cheese & Chicken Sausage Quesadilla**  
Chocolate Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Red Grapes, Raisins  
Apple Juice

**8**  
**Home Made Waffle Bar**  
Chocolate Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Pear, Diced Peaches  
Grape Juice

**11**  
**Chicken Ham & Egg Biscuit**  
Apple Cinnamon Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Apple Slices, Diced Peaches  
Apple Juice

**12**  
**Apple Frudel**  
Apple Cinnamon Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Banana, Mandarin Oranges  
Orange Juice

**13**  
**Omelet Bar**  
Apple Cinnamon Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Watermelon, Diced Pears  
Fruit Juice

**14**  
**Glazed Cinnamon Roll**  
Apple Cinnamon Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Honeydew, Applesauce  
Apple Juice

**15**  
**Home Made Waffle Bar**  
Apple Cinnamon Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Red Grapes, Diced Pineapple  
Grape Juice

**18**  
**Sausage & Egg Bagel**  
Blueberry Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Apple Slices, Diced Pears  
Apple Juice

**19**  
**Triple Berry French Toast**  
Blueberry Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Banana, Mixed Fruit  
Orange Juice

**20**  
**Omelet Bar**  
Blueberry Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Cantaloupe, Applesauce  
Fruit Juice

**21**  
**School Closed**

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*side items*

**22**  
**Home Made Waffle Bar**  
Blueberry Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Pear, Diced Peaches  
Grape Juice

**25**  
**Grilled Ham & Cheese Sandwich**  
Chocolate Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Apple Slices, Diced Peaches  
Apple Juice

**26**  
**Maple Mini Waffles**  
Chocolate Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Banana, Mandarin Oranges  
Orange Juice

**27**  
**Omelet Bar**  
Chocolate Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Watermelon, Diced Pears  
Fruit Juice

**28**  
**Glazed Cinnamon Roll**  
Chocolate Muffin/Bagel Smoothies!!  
Strawberry Cream Cheese Bagel

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*side items*  
Apple, Orange, Honeydew, Applesauce  
Apple Juice

**29**  
**Home Made Waffle Bar**  
Chocolate Muffin/Bagel Smoothies!!  
Cinnamon Cream Cheese Bagel

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*side items*  
Apple, Orange, Red Grapes, Diced Pineapple  
Grape Juice

**SAVE TIME!!**  
We accept Checks/Credit/Debit Cards online!!  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

**Paid \$2.15 Reduced \$0.30**

**Menus subject to change!!**

Check out our new smoothies & made to order yogurt parfait bar!!



**Cereals**  
Assorted cereals available every day!



**Milk Choices**  
1% White, Skim White, Skim Chocolate

This institution is an equal opportunity provider.

