



High School Breakfast Menu

April 2019

1

Chicken Ham & Egg Panini
Apple Cinnamon Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Cinnamon Cream Cheese Bagel
Apple, Orange, Banana, Fresh Pear
Mixed Fruit Cup, Fruit Juice

2

Breakfast Taco
Apple Cinnamon Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

3

Omelet Bar
Apple Cinnamon Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Cantaloupe, Diced Pears, Apple Juice

4

Triple Berry French Toast
Apple Cinnamon Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Watermelon, Applesauce, Fruit Juice

5

Home Made Waffle Bar
Apple Cinnamon Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Honeydew, Mandarin Oranges, Apple Juice

8

Sausage, Egg & Cheese Bagel
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Fresh Pear
Mixed Fruit Cup, Fruit Juice

9

Mini Cinnis
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

10

Omelet Bar
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Cantaloupe, Diced Pears, Apple Juice

11

Turkey Pancake Wrap
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Watermelon, Applesauce, Fruit Juice

12

Home Made Waffles
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Honeydew, Mandarin Oranges, Apple Juice

15

NO SCHOOL

16

NO SCHOOL

17

NO SCHOOL

18

NO SCHOOL

19

NO SCHOOL

22

NO SCHOOL

23

French Toast Sticks
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

24

Omelet Bar
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Apple Slices, Diced Peaches, Apple Juice

25

Mini Cinnis
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Cantaloupe, Applesauce, Fruit Juice

26

Home Made Waffle Bar
Chocolate Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Red Grapes, Pineapple, Apple Juice

29

Turkey Sausage, Egg & Cheese Biscuit
Blueberry Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Fresh Pear, Mixed Fruit Cup, Fruit Juice

30

Chicken Ham & Egg Panini
Blueberry Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Honeydew, Diced Pears, Orange Juice

1

Omelet Bar
Blueberry Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Apple Slices, Diced Peaches, Apple Juice

2

Sausage Egg & Cheese Sliders
Blueberry Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Watermelon, Applesauce, Fruit Juice

3

Home Made Waffle Bar
Blueberry Muffin/Bagel
Yogurt Parfait Bar
Smoothies
Apple, Orange, Banana, Raisins, Mandarin Oranges, Apple Juice

Check it out.....

We now offer a hot cereal every morning – Oatmeal or Grits!!

WG Pop Tarts, WG Cold Cereal & Yogurt Parfait Bar are available daily!!