



2019

April

Union High School

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1		2	Salad Bar Choose Spring Mix or Chopped Romaine Eggs, Grilled Chicken flaked tuna blue cheese crumbles carrots tomato red onions & croutons served with a dinner roll	3	BBQ Pulled Pork Pulled pork with tangy BBQ sauce on a Brioche Roll <u>Sides:</u> Green Beans Cole Slaw	4	Baked Mac & Cheese Maroni Pasta Drenched in Cheddar Cheese Sauce Topped with Bread Crumbs <u>Sides:</u> Green leaf salad	5	Fish & Chips Deep fried Tilapia With fried potato chips <u>Sides:</u> Fried Potato Chips, Peas & Carrots	
8	Caribbean Jerk Chicken Your Choice of White or Dark Meat & Choice of 2 Side <u>Sides:</u> Black Beans & Rice & Sweet Plantains	9	Chicken Parm Over Spaghetti with Tomato Sauce <u>Sides:</u> Vegetable Medley	10	Chicken Alfredo Linguini in Alfredo sauce topped with parm cheese <u>Sides:</u> Steamed Asparagus	11	BBQ Chicken Your Choice of White or Dark Meat & Choice of 2 Sided <u>Sides:</u> Red Potatoes & String Beans	12	Philly Cheesesteak Bar Shaved Steak served on a Hoagie Roll w/ Roasted Peppers & Onions, Mushroom & Cheddar Cheese Sauce <u>Sides:</u> Curly Fries	<p>More Info...</p> <p>Each Day There will be your choice of salad w/ lunch</p> <p>The student lunch offering can be purchased for \$3.70 Teacher lunch menu items are \$4.60</p> <p>If you would like to see anything on the menu talk to Barbara Franklin Ext 6429</p>
15	School Closed	16	School Closed	17	School Closed	18	School Closed	19	School Closed	
22	School Closed	23	<u>Sides:</u> Vegetable Medley & Roasted Asparagus	24	Lemon Garlic Tilapia Pan seared tilapia with lemon and cappers <u>Sides:</u> Lemon Rice & Mixed Vegetable Medley	25	Arroz Con Pollo Rice w/ chicken Spanish rice with fall of the Bone Chicken <u>Sides:</u> Vegetable Medley & Sweet Plantains	26	Crispy Fried Chicken Chicken thigh wing breast or drumstick Golden fried <u>Sides:</u> Mac & Cheese & Collard Greens	
29	Italian sausage Hero Served on a bakery fresh hoagie roll with choice of two <u>Sides:</u> Red roasted potatoes Seasoned corn	30	Chicken Francaise Battered dipped chicken breast sautéed and then topped with creamy lemon sauce <u>Sides:</u> Rice Pilaf Glazed carrots	1	Pepper Steak Thin sliced beef steak, red and green peppers onions topped with a demi-glace <u>Sides:</u> Garlic mashed potato Green beans	2	Chicken Fried Rice Diced chicken with oriental seasoning tossed in rice with pea's carrots and soy sauce <u>Sides:</u> Broccoli Side Salad	3	Fish Tacos Golden fried cod 2 hard or soft taco shells <u>Sides:</u> Tossed salad Yellow rice	

Union High School Teachers Lunch Menu

Special News...

Pizza and Stromboli are available just ask your server

Menus are subject to change without notice.