

1

2

3

4

5

6

Sausage, Egg & Cheese Bagel  
Chocolate Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Pear  
Mixed Fruit Cup, Fruit Juice

7

Mini Cinnis  
Chocolate Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

8

Omelet Bar  
Chocolate Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Cantaloupe, Diced Pears  
Apple Juice

9

Turkey Pancake Wrap  
Chocolate Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Watermelon, Applesauce, Fruit Juice

10

Home Made Waffles  
Chocolate Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Honeydew, Mandarin Oranges, Apple Juice

13

Chicken Ham & Egg Panini  
Apple Cinnamon Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Cinnamon Cream Cheese Bagel  
Apple, Orange, Banana, Fresh Pear  
Mixed Fruit Cup, Fruit Juice

14

Chicken Ham & Egg Panini  
Blueberry Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Honeydew, Diced Pears, Orange Juice

15

Omelet Bar  
Blueberry Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Apple Slices, Diced Peaches, Apple Juice

16

Sausage Egg & Cheese Sliders  
Blueberry Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Watermelon, Applesauce, Fruit Juice

17

Home Made Waffle Bar  
Blueberry Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Raisins, Mandarin Oranges, Apple Juice

20

Monte Cristo  
Chocolate Chip Muffin/ Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

21

French Toast Sticks  
Chocolate Chip Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

22

Omelet Bar  
Chocolate Chip Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Apple Slices, Diced Peaches  
Apple Juice

23

Mini Cinnis  
Chocolate Chip Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Cantaloupe, Applesauce  
Fruit Juice

24

Home Made Waffle Bar  
Chocolate Chip Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Red Grapes, Diced Pineapple  
Apple Juice

27

School Closed

28

Breakfast Taco  
Apple Cinnamon Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Strawberries, Diced Pears, Orange Juice

29

Turkey Sausage, Egg & Cheese Biscuit  
Blueberry Muffin/Bagel  
Yogurt Parfait Bar  
Smoothies  
Apple, Orange, Banana, Fresh Pear, Mixed Fruit Cup, Fruit Juice

30

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## Check it out.....

We now offer a hot cereal every morning – Oatmeal or Grits!!

WG Pop Tarts, WG Cold Cereal, Fruit Smoothies & Yogurt Parfait Bar are available daily!!