



2019

# May

Union High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>More Info...</b></p> <p><b>Each Day There will be your choice of salad w/ lunch</b></p> <p><b>The student lunch offering can be purchased for \$3.70</b></p> <p><b>Teacher lunch menu items are \$4.60</b></p> <p><b>If you would like to see anything on the menu talk to Barbara Franklin Fxt 6429</b></p>
		<p><b>1</b></p> <p><b>Eggplant Parmesan</b> Served with garlic bread and two side dishes.</p> <p><u>Sides:</u> Pasta with Sauce Green Peas</p>	<p><b>2</b></p> <p><b>Baked Mac &amp; Cheese</b> Macaroni Pasta Drenched in Cheddar Cheese Sauce Topped with Bread Crumbs</p> <p><u>Sides:</u> Green leaf salad</p>	<p><b>3</b></p> <p><b>Italian sausage Hero</b> Served on a bakery fresh hoagie roll with choice of two</p> <p><u>Sides:</u> Red roasted potatoes Seasoned corn</p>	
<p><b>6</b></p> <p><b>Caribbean Jerk Chicken</b> Your Choice of White or Dark Meat &amp; Choice of 2 Side</p> <p><u>Sides:</u> Black Beans &amp; Rice &amp; Sweet Plantains</p>	<p><b>7</b></p> <p><b>Philly Cheesesteak Bar</b> Shaved Steak served on a Hoagie Roll w/ Roasted Peppers &amp; Onions, Mushroom &amp; Cheddar Cheese Sauce</p> <p><u>Sides:</u> Curly Fries</p>	<p><b>8</b></p> <p><b>Chicken Alfredo</b> Linguini in Alfredo Sauce Topped with Parmesan Cheese</p> <p><u>Sides:</u> Steamed Asparagus</p>	<p><b>9</b></p> <p><b>Pepper Steak</b> Thin sliced beef steak, red and green peppers onions topped with a demi-glace</p> <p><u>Sides:</u> Garlic mashed potato Green beans</p>	<p><b>12</b></p> <p><b>Chicken Parmesan</b> Over Spaghetti with Tomato Sauce</p> <p><u>Sides:</u> Vegetable Medley</p>	
<p><b>13</b></p> <p><b>BBQ Chicken</b> Your choice of white or dark meat. Served with choice of two side dishes.</p> <p><u>Sides:</u> Mashed Potatoes</p>	<p><b>14</b></p> <p><b>Italian sausage Hero</b> Served on a bakery fresh hoagie roll with choice of two</p> <p><u>Sides:</u> Red roasted potatoes Seasoned corn</p>	<p><b>15</b></p> <p><b>BBQ Chicken</b> Your Choice of White or Dark Meat &amp; Choice of 2 Sided</p> <p><u>Sides:</u> Red Potatoes &amp; String Beans</p>	<p><b>16</b></p> <p><b>Baked Mac &amp; Cheese</b> Maroni Pasta Drenched in Cheddar Cheese Sauce Topped with Bread Crumbs</p> <p><u>Sides:</u> Green leaf salad</p>	<p><b>17</b></p> <p><b>Salad Bar</b> Choose Spring Mix or Chopped Romaine Eggs, Grilled Chicken flaked tuna blue cheese crumbles carrots tomato red onions &amp; croutons served with a dinner roll</p>	
<p><b>20</b></p> <p><b>Crispy Fried Chicken</b> Chicken thigh wing breast or drumstick Golden fried</p> <p><u>Sides:</u> Mac &amp; Cheese &amp; Collard Greens</p>	<p><b>21</b></p> <p><b>Monica's Famous Roast Pork</b> Tender, Slow Roasted Pork with Monica's Famous Salsa wit choice of two</p> <p><u>Sides:</u> Seasoned Rice &amp; Beans</p>	<p><b>22</b></p> <p><b>Lemon Garlic Tilapia</b> Pan seared tilapia with lemon and cappers</p> <p><u>Sides:</u> Lemon Rice &amp; Mixed Vegetable Medley</p>	<p><b>23</b></p> <p><b>Arroz Con Pollo</b> <b>Rice w/ chicken</b> Spanish rice with fall of the Bone Chicken</p> <p><u>Sides:</u> Vegetable Medley &amp; Sweet Plantains</p>	<p><b>24</b></p> <p>Half a day</p>	
<p><b>27</b></p> <p>School Closed</p>	<p><b>28</b></p> <p><b>Chicken Françoise</b> Battered dipped chicken breast sautéed and then topped with creamy lemon sauce</p> <p><u>Sides:</u> Rice Pilaf Glazed carrots</p>	<p><b>29</b></p> <p><b>BBQ Pulled Pork</b> Pulled pork with tangy BBQ sauce on a Brioche Roll</p> <p><u>Sides:</u> Green Beans Cole Slaw</p>	<p><b>30</b></p> <p><b>Chicken Fried Rice</b> Diced chicken with oriental seasoning tossed in rice with pea's carrots and soy sauce</p> <p><u>Sides:</u> Broccoli Side Salad</p>	<p><b>31</b></p> <p><b>Fish Tacos</b> Golden fried cod 2 hard or soft taco shells</p> <p><u>Sides:</u> Tossed salad Yellow rice</p>	

## Union High School Teachers Lunch Menu

### Special News...

**Pizza and Stromboli are available just ask your server**

Menus are subject to change without notice.