



# High School Breakfast Menu

November 2018

1

2

3

1

- Glazed WG Cinnamon Roll
- Chocolate Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Fresh Strawberries, Raisins, Fruit Juice

2

- Home Made Waffle Bar
- Chocolate Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Red Grapes, Diced Peaches, Apple Juice

5

- Turkey Sausage, Egg & Cheese Biscuit
- Blueberry Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Fresh Pear, Diced Pears, Grape Juice

6

**SCHOOL CLOSED!!**

7

- Omelet Bar
- Blueberry Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Apple Slices, Applesauce, Orange Juice

8

**SCHOOL CLOSED!!**

9

**SCHOOL CLOSED!!**

12

- Breakfast Burrito
- Banana Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Fresh Pear, Diced Pears, Grape Juice

13

- French Toast Sticks
- Banana Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Cantaloupe, Mixed Fruit Cup, Apple Juice

14

- Omelet Bar
- Banana Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Apple Slices, Applesauce, Orange Juice

15

- Cheese & Chicken Sausage Quesadilla
- Banana Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Watermelon, Raisins, Fruit Juice

16

- Home Made Waffle Bar
- Banana Muffin/1bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Red Grapes, Diced Peaches, Apple Juice

19

- Sausage, Egg & Cheese Bagel
- Chocolate Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Fresh Pear, Diced Pears, Grape Juice

20

- Glazed WG Cinnamon Roll
- Chocolate Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Honeydew, Mixed Fruit Cup, Apple Juice

21

- Omelet Bar
- Chocolate Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Apple Slices, Applesauce, Orange Juice

22

**SCHOOL CLOSED!!**

23

**SCHOOL CLOSED!!**

26

- Chicken Ham & Egg Panini
- Apple Cinnamon Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Fresh Pear, Diced Pears, Grape Juice

27

- Breakfast Taco
- Apple Cinnamon Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Cantaloupe, Mixed Fruit Cup, Apple Juice

28

- Omelet Bar
- Apple Cinnamon Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Apple Slices, Applesauce, Orange Juice

29

- Triple Berry French Toast
- Apple Cinnamon Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Strawberry Cream Cheese Bagel
- Apple, Orange, Watermelon, Mandarin Oranges, Fruit Juice

30

- Home Made Waffle Bar
- Apple Cinnamon Muffin/Bagel
- Yogurt Parfait Bar
- Smoothies
- Cinnamon Cream Cheese Bagel
- Apple, Orange, Red Grapes, Diced Peaches, Apple Juice

Check it out.....

We now offer a hot cereal every morning – Oatmeal or Grits!!

WG Poptarts, WG Cold Cereal & Yogurt Parfait Bar are available daily!!