

# October 2018

# MONDAY

# **TUESDAY**

# WEDNESDAY

# **THURSDAY**

# **FRIDAY**

### 1 \$5.35

8

# Shrimp Salad **Croissant**

House made shrimp salad on a bakery fresh croissant. Served with a side a fresh fruit salad.

**SCHOOL** 

CLOSED!!

# \$5.35

# **Buffalo Chicken** Salad

Chopped romaine lettuce topped with spicy chicken salad, crisp veggies and Bleu Cheese Dressing. Served with a Dinner Roll

\$5.35

Chicken Caesar Salad

Chopped romaine lettuce,

thin sliced grilled chicken,

parmesan cheese, grape

tomatoes. Served with

Caesar Dressing &

Focaccia Wedge

# **3** \$5.35

**Egg Salad with Bacon** House made egg salad, crispy bacon, shredded lettuce & thin sliced tomatoes on a bakery

fresh plain bagel.

# \$5.35

Thai Chicken Salad Grilled Chicken served over Chopped Romaine Lettuce. Shredded Carrots, Peanuts & onions. Served with a Thai Chili Dressing. Served with a Dinner Roll

# **5** \$5.35

# **Turkey Avocado** Club Wrap

Roasted Turkey, Crisp Bacon, Avocado, Sliced Onion, Tomatoes & Spring Mix on a Spinach Wrap.

# More Info...

\$5.35

**BLT** Crispy Bacon, Romaine Lettuce, Fresh Sliced Tomatoes & Mayonnaise on country white toast.

### \$5.35 11

Kale Citrus Salad Fresh Baby Kale topped with sliced Grilled Chicken, Walnuts, Goat Cheese & Citrus Vinaigrette. Served with a Dinner Roll.

### \$5.35 12

# **Chicken Salad Croissant**

Diced white meat chicken, honey, walnuts, celery & dried cranberries on a flaky croissant

\$5.35

Italian Hero

Thin sliced ham, salami.

beef pepperoni, provolone

# **Please Order** your Specialty Lunch In Advance.

**Order Sheets Are Posted** Daily In The Main Office &/or Teacher's Lounge. **All Orders Must** Be Placed By **NOON The Day Before The** Menu Item Is Offered.

Are You A Vegetarian? **Ask For Your** Entrée Without Meat!

### \$5.35 15

# Tuna Salad Sandwich

Our special recipe tuna salad, spring mix, sliced tomaotes, salt & pepper on a Tuscan Roll.

### \$5.35 16

# Honey Mustard Chicken. Bacon & Avocado Salad

Chopped romaine lettuce, thin sliced honey mustard chicken, crispy bacon, grape tomatoes, avocado, corn & red onion. Served with

### \$5.35 17

**Caprese Sandwich** Fresh sliced mozzarella, ripe tomatoes, mixed greens & balsamic glaze on an herb focaccia Salt & Pepper for taste....

# 18 \$5.35

Chef Salad Chopped romaine lettuce topped with turkey, roast beef, swiss cheese, tomatoes, cucumbers and a hard boiled egg. Served with a balsamic vinaigrette & a ciabatta dinner roll.

19

cheese, shredded lettuce, sliced tomatoes, red onions, italian seasoning and a hint of salt & pepper on fresh baked Italian Bread.

### \$5.35 26

# **Grilled Chicken** <u>Focaccia</u>

# **22** \$5.35 Fresh Mozzarella **BLT with Pesto**

Fresh sliced mozzarella, ripe tomatoes, crisp bacon, pesto & romaine lettuce on a bakery fresh ciabatta roll.

### 23 \$5.35 24 **Harvest Cobb Salad**

Chopped Romaine lettuce, crisp bacon, dried cranberries, hard boiled egg, sliced apples & goat cheese. Served with a house made lemon vinaigrette & a sesame dinner roll

# \$5.35

# Turkey-Avocado Club Wrap

Roasted Turkey, Crisp Bacon, Avocado, Sliced Onion, Tomatoes & Lettuce on a sundried tomato wrap

### \$5.35 25

Greek Salad Romaine lettuce, vineripened tomatoes, feta cheese, red onions, black olives & cucumbers. Served with a house made vinaigrette & a Rye dinner roll.

Grilled Chicken, baby spinach, roasted red peppers & pesto mayonnaise on tomato focaccia bread.

### 29 \$5.25

## **Roast Turkey Baguette**

Thin sliced roast turkey, creamy brie, cranberry mayo & spring mix on a bakery fresh baguette.

### \$5.35 30

# Spring Mix w/ Goat Cheese & Maple **Pecans**

Grilled chicken, spring mix, maple pecans, goat cheese, red onions & a maple dijon vinaigrette. Served with a pumpernickel raisin

### \$5.35 31

# Sloppy Joe Sandwich

Fresh sliced rye bread topped with thin sliced nastrami swiss cheese thousand island dressing and coleslaw Served with pickle chips.

# \$5.35

# **Chicken Taco Salad**

Mixed greens topped with diced chicken, black heans tomatoes black olives, onions, green peppers, cheddar cheese & a creamy salsa dressing. Served with tortilla straws.

# \$5.35

# The Union

Grilled seasoned chicken breast with roasted red peppers, red onions, spinach & goat cheese on a Brioche roll.

**Have Any Questions Or** Suggestions? Call the **Foodservice** Office Ext. 6429

# **Union Township Teacher's To Go Lunch Menu**

# **Special News...**

You can order a House Salad for \$5.10!!

Romaine lettuce, Grilled Chicken, Onion, Tomato, Cucumbers and Croutons with your choice of dressing......

Menus are subject to change without notice.

